| MON | TUES | WED | THURS | FRI |
| :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 |
| 7 | 8 | 9 | 10 | 11 |
| 14 | 15 | 16 | 17 | 18 |
| 21 | 22 | 23 | 24 | 25 |
| 28 | 29 | 30 | 31 |  |
|  |  | Crispy chicken sandwich | Breakfast for Lunch |  |
|  |  | on a whole wheat bun | Warm whole grain |  |
|  |  | ,Vegetarian baked beans, fresh celery Sticks, fresh | waffles (2) w/ maple |  |
|  |  | fruit and ice cold milk | sweet red pepper slices, |  |
|  |  |  | fresh fruit and ice cold |  |
|  |  |  |  |  |

## Powering potential.

Menus are subject to change.

## All Lunches Must <br> Include Choice of: <br> Fruits and/or <br> Vegetable <br> And May Include: <br> 1\% Low-Fat Milk

## aramark ${ }^{\circ}$ <br> STUDENT

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|  | Elementary SCHOOL \| LUNCH MENU |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 4 | Popcorn chicken parm sandwich Turkey \& Cheese Sandwich, fresh fruit \& veggie and ice cold milk | Pasta \& Meatballs <br> Turkey \&Cheese <br>  <br> Veggie and ice cold milk | Juicy Cheeseburger <br> Turkey \& Cheese <br> Sandwich <br> Fresh fruit \& Veggie and ice cold milk | Shop Style Pizza <br> Turkey \& Cheese Sandwich Fresh fruit \& Veggie and ice cold mild |
|  | Chicken Stir Fry over Rice Ham \& Cheese Sandwich, fresh fruit, roasted veggie and ice cold milk | Chicken Tenders <br> Ham \& Cheese Sandwich Fresh fruit \& Veggie and ice cold milk | Chicken Dumplings over Rice Ham \& Cheese Sandwich, fresh fruit \& Veggie and ice cold milk | Breakfast for Lunch French Toast Sticks w/ maple syrup and turkey sausage Ham \& Cheese Sandwich, fresh fruit \& Veggie and ice cold milk | Shop Style Pizza <br> Ham \& Cheese Sandwich, fresh fruit \& Veggie and ice cold milk |
|  | Homemade Mac $\mathbf{N}^{\prime}$ <br> Cheese <br> Chicken Ranch Wrap French fries, fresh fruit and ice cold milk | Grilled Cheese Sandwich Chicken Ranch Wrap Corn , fresh fruit and ice cold milk | Golden Tornado Popcorn chicken bowl w/mashed potato Chicken Ranch Wrap fresh fruit and ice cold milk | Crispy Chicken Sandwich Tator tots Chicken Ranch Wrap Fresh fruit and ice cold milk | Shop Style Pizza Chicken Ranch Wrap, fresh fruit \& Veggie and ice cold milk |
| Powering potential. | Soft Shell Taco (2) black beans, rice Italian Sandwich, fresh fruit \& veggie and ice cold milk | Yummy Corndog \& Tater tots Italian Sandwich, cucumber coins, diced pears and ice cold milk | Juicy Cheeseburger Italian Sandwich Fresh fruit \& Veggie and ice cold milk | Chicken Tenders w/rice and Thai Sate Sauce Italian Sandwich, sweet golden corn ,fresh fruit and ice cold milk | Shop Style Pizza <br> Italian Sandwich, fresh fruit \& veggie and ice cold milk |

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## $\underset{\text { STUDENT }}{\text { aramark }}$ <br> NUTRITION

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